

INTERNATIONAL CONFERENCE

WORK-LIFE BALANCE:

WHY IT MATTERS AND HOW TO ENSURE IT



DATE:

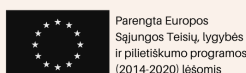
May 31, 2022

TIME:

12:30 pm - 4:00 pm EET

LOCATION:

Seimas of the Republic of Lithuania, Constitutional Hall
(Gediminas ave. 51, Vilnius)



Parengta Europos
Sąjungos Teisių, lygybės
ir pilietišumo programos
(2014-2020) lėšomis



LYGIŲ
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PLĖTROS
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LYGIŲ GALIMYBIŲ
KONTROLIERIAUS TARNYBA



NOMOSHITI

ABOUT

Center for Equality Advancement in cooperation with the Office of the Equal Opportunities Ombudsperson and the Committee on Human rights of the Seimas of the Republic of Lithuania is organizing an international conference **Work-life Balance: Why it Matters and How to Ensure it**.

The conference aims at discussing the statutory policies that encourage or hinder individuals to reconcile family and work responsibilities, and sharing European best practices on effective strategies to involve fathers in childcare and gradually implement the dual earner/dual carer family model.

The implementation of present policies on childcare in Lithuania shows a tendency to increase the burden on women and strengthen a traditional gender division of labour in families rather than promote a work-life balance and stronger involvement of men in caregiving. The limited access to and unsatisfactory quality of childcare services hamper parents to balance family and work responsibilities effectively. Consequently, the workload for women increases due to caring duties. This negatively affects their employment, professional growth and career opportunities, as well as widens the gender pay gap.

The speakers will present legal measures to balance family and work responsibilities in Lithuania and the EU, discuss the impact of these measures on individual choices in fulfilling care obligations and pursuing professional career. Evidence on the benefits of men's involvement in caring will also be presented.

Simultaneous translation will be provided.

Those who wish to physically attend the conference at Seimas must register before 27 May, 11:29 pm.

Registered attendees will receive the link to participate via Microsoft Teams. The conference will also be live-streamed on YouTube.



REGISTER HERE

AGENDA

Moderator: Mintautė Jurkutė, an expert at the Office of the Equal Opportunities Ombudsperson.
Simultaneous translation will be provided.

OPENING

12:30 pm - 1:00 pm — **Welcome of the conference participants, coffee and tea**

1:00 pm - 1:15 pm — **Greeting speeches**

Viktorija Čmilytė-Nielsen, Chairperson of the Seimas of the Republic of Lithuania
Tomas Vytautas Raskevičius, Chairperson of the Committee on Human rights of the Seimas of the Republic of Lithuania

Birutė Sabatauskaitė, Equal Opportunities Ombudsperson of the Republic of Lithuania

SPEECHES

1:15 pm - 1:35 pm — **Gender struggles for work-life balance in the EU**

Dr. Jolanta Reingardė, European Institute for Gender Equality

1:35 pm - 1:55 pm — **Caring Masculinities and Supportive Policies in the EU**

Dr. Elli Scambor, Institute for Men's and Gender Research (Austria)

1:55 pm - 2:15 pm — **Men, Care, Gender Equality - Benefits and Strategies for Men and Companies**

Dr. Marc Gärtner, Institute for Masculinity Studies and Gender Research (Germany, Austria)

2:15 pm - 2:30 pm — **Q&A**

BREAK

2:30 pm - 2:50 pm — **Coffee and tea break**

DISCUSSION

2:50 pm - 4:00 pm — **Why and how work-life balance can be ensured?**

Moderator:

Donatas Paulauskas, Head of Diversity, Inclusion and Well-being at "Ignitis Group"

Participants:

Tomas Vytautas Raskevičius, Chair of Human Rights Committee of the Seimas of the Republic of Lithuania (TBC)

Birutė Sabatauskaitė, Equal Opportunities Ombudsperson of the Republic of Lithuania

Liisa Pakosta, Estonian Gender Equality and Equal Treatment Commissioner

Vytautas Šilinskas, Vice-Minister of the Social Security and Labour of the Republic of Lithuania

Dr. Vilana Pilinkaitė Sotirovič, Gender expert at the Centre for Equality Advancement

